

भारत का राजदूतावास , वार्सा
Embassy of India, Warsaw

ADVISORY FOR INDIAN NATIONALS RESIDING IN POLAND & LITHUANIA

As the corona virus pandemic (COVID-19) continues to spread across the globe and new confirmed cases have been reported in Poland & Lithuania, the Embassy recommend that *Indian nationals living in Poland & Lithuania avoid all non essential travels and spend as much time as possible at home and away from public gatherings*. The concept of 'social distancing' is the foremost precaution to be taken in the current situation and hence all are advised to maintain self quarantine.

POLAND

If you develop any symptoms of COVID-19 such as fever, cough or difficulty breathing, isolate yourself at home as quickly as possible and ***immediately contact the 24hr official Government helpline i.e. 800 190 590 dedicated for cases of Corona virus or the standard emergency number 112 and 999.***

Attached herewith is a list of region wise branches of Sanitary Inspection who could be *initially contacted for any health related advice*. You may contact the hospitals designated to deal with cases of Corona virus (region wise list of hospitals is attached). Information relating to the hospitals designated to deal with cases of Corona virus could also be accessed online at the following interactive official website of the Polish Government.
<https://www.gov.pl/web/koronawirus/lista-szpitali>

In case of any unforeseen developments like closure of University campus etc, Indian students should immediately seek advice of the International Department of the University concerned. They may also get in touch with the following Indian community representatives, as per their respective place of residence:

Mr. Kartikey Johri, Hony. Consul, **Wroclaw**: +48609841676

Mr. Umesh Nautiyal, **Krakow**: +48602433783

Mr. Amit Lath, **Lodz**: +48601336699

Mr. Sunil Ahuja, **Gdansk**:+48502082

LITHUANIA

Updated information relating to cases of Corona virus in Lithuania could be availed through the official website of the Ministry of Health at (<http://sam.lrv.lt/en/news/important-information-to-foreign-nationals-in-lithuania>). For any information & assistance , one could call at 8 618 79984 or send an email (24/7) at info@nvsc.lt.

The Honorary Consul of India to Lithuania, Wing Commander(Retired) Rajinder Kumar Chaudhary could be contacted at +370-60027788 . The office of the Honorary Consul could be reached through info@indianconsulate.lt indconsulate.lt@gmail.com and juta_vecerskyte@yahoo.com .

ADVISORY ON TRAVEL TO INDIA

Please visit the following link to view the latest travel advisory as issued by the Bureau of Immigration, Government of India:

<https://boi.gov.in/content/advisory-travel-and-visa-restrictions-related-covid-19-0>

All are requested to keep on following the website & Facebook page of the Embassy for updated information.

The Advisory on travel and visa restriction related to COVID-19 issued by Bureau of Immigration on 13 March 2020 and Ministry of Health on 11 March 2020 is given below.

ADVISORY: TRAVEL AND VISA RESTRICTIONS RELATED TO COVID-19

The following visa restrictions shall come into effect from 1200 GMT of March 13, 2020; and shall remain in effect till April 15, 2020, or until further orders.

i. All existing visas, issued to nationals of any country except those issued to Diplomats, Official passport holders, those in UN / International organizations, those on Employment, Project visas and those who are operating aircrew of scheduled commercial airlines, and who have not yet entered India, stand suspended till April 15, 2020.

ii The restrictions for travel of non-exempted category foreign travelers to India shall be considered at the port of departure for onward journey to India of such traveler. Travel time to India may be in addition to the deadline of 1200 GMT on March 13, 2020.

iii .Visas of all foreigner nationals already in India remain valid. They may contact the nearest FRRO/FRO through e-FRRO module for extension/conversion etc of their visa or grant of any consular service.

iv. The validity of OCI cards of foreigners presently in India shall remain. v. Visa free travel facility granted to OCI card holders who are not in India presently, shall be kept in abeyance

till April 15, 2020. This will come into effect from 1200 GMT on March 13, 2020 at the port of departure of any foreigner for onward journey to India.

vi. Any foreign national (including OCI cardholder) who intends to travel to India for compelling reasons may contact the nearest Indian Mission for fresh visa.

vii. International traffic through land borders will be restricted to designated Immigration Check Posts, to be notified separately by Ministry of Home Affairs.

Mandatory compliance of Travel Advisory issued by Ministry of Health and Family Welfare, Govt. of India

i. Passengers traveling from/having visited **Italy or Republic of Korea** and desirous of entering India will need certificate of having tested negative for COVID-19 from the designated laboratories authorized by the health authorities of these countries. This is in enforcement since 0000 hrs of 10th March, 2020 and is a temporary measure till cases of COVID-19 subside.

ii. **All incoming travelers, including Indian nationals**, arriving from or having visited China, Italy, Iran, Republic of Korea, France, Spain and Germany after 15th February, 2020 shall be quarantined for a minimum period of 14 days. This will come into effect from 1200 GMT on 13th March 2020 at the port of departure.

iii. **Incoming travelers, including Indian nationals**, are advised to avoid non-essential travel and are informed that they can be quarantined for a minimum of 14 days on their arrival in India.

iv. **Indian nationals** are further strongly advised to refrain from traveling to China, Italy, Iran, Republic of Korea, Japan, France, Spain and Germany.

v. All incoming international passengers returning to India should self-monitor their health and follow required do's and don'ts as detailed by the Government.

vi. International traffic through land borders will be restricted to designated check posts with robust screening facilities. These will be notified separately by Ministry of Home Affairs.

vii. All international passengers entering into India are required to furnish duly filled self-declaration form in duplicate (including personal particulars i.e. phone no. and address in India) (as annexed) to Health Officials and Immigration officials and undergo Universal Health Screening at the designated health counters at all Points of Entry.

viii. For any queries related to health, people may contact Ministry of Health & Family Welfare 24*7 helpline number (+91-11-3978046) or email at (ncov2019@gmail.com).

- [FAQs on new visa restrictions COVID-19](#)

